



Centre de Consultation

A UNIQUE global approach

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A Program Designed for the Whole Family

Depression, fears, insomnia, anxiety, learning and social difficulties, behavioural problems, harassment at school, situations dealing with a death, illness or divorce are all reasons to seek help from a family therapist.

Team Approach

Jocelyne Harvey has extensive experience working with children and teenagers. She reaches out to them with care and open-mindedness without ever judging them.

Her work consists in understanding the message they are trying to express through their behaviours and difficulties, and listening to their needs. Using a holistic approach, Jocelyne allows the child to quickly find a new balance within.

In the meantime...

Lise Lareau meets with the parents to understand the problem situation incited by the child experiencing difficulties. She evaluates the needs of the parents and helps them find better communication strategies. She helps the parents understand the needs of the child and introduces various ways to accompany them through their daily life and restore harmony within the family.

The analysis is systematic and helps understand the child's place within the family dynamics..



Testimonial

"Dear Jocelyne: Although we met a few years ago, I have very precious memories of that time together, because the impact you had on all of us can still be felt in our lives. When we entrusted Philippe to you, he was going through some very difficult situations at school because of his learning disabilities. The social workers doubled his capabilities to achieve (beyond elementary school), because he had many challenges, he experienced many failures and we felt that we were incapable of helping him. Following your intervention, he gained confidence in himself, in his self-worth and in his differences. He continued to go on to high school (which he will be graduating from in a few months) and will now be heading to higher education. You must also know that now only is he succeeding very well in school, but he has also earned many awards during his studies, among others for community projects and for best class average (which he won 4 years in a row)!

And since success never comes alone, he has just been asked by his school to represent them and participate in a programme on Radio-Canada! So you see, your intervention has had many positive repercussions and we are so happy to have had this resource for Philippe and for us as parents!

A very big thank you!"

Hélène T. Rosemère

